



Audyogik Shikshan Mandal's

College of Commerce, Science & Information Technology

(ID. No. PU/PN/SC/160/2001)

(Affiliated to Savitribai Phule Pune University & Recognized by Govt. of Maharashtra)

S. No. 29/1+2A, Behind Sterling Honda, Pune-Mumbai Highway, Pimpri, Pune-411018

E-mail ID: csit@asmedu.org

Website: www.csitedu.org

Tel: (020) 6651700

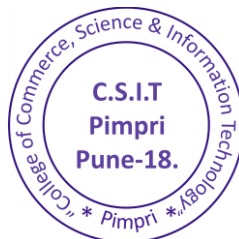


Date:-10th Jan 2024

NOTICE

This is to inform all the girl students of the college and ladies staff that on 11th Jan, 2024 at 12:00 noon feminine hygiene awareness and Personality Development session is organized in collaboration with Campus Konnect by Brandtouch & Analytics. Guest speaker will be Priya Chaudhary madam.

All the girl students are directed to assemble in the main auditorium by 11:30 a.m.



Handwritten signature of the Principal

Principal
ASM's CSIT



Report of Event “Personality Development & Menstrual hygiene”

Date	: 11th Jan 24
Time	: 11:30 pm to 2:30 pm
Venue	: Main Auditorium CSIT
Collaboration (If any)	: Campus Konnect & Brandtouch & Analytics
Coordinator	: Asst.Prof. Prerna Shinde

Introduction:

An awareness Seminar was conducted on “Personality Development & Menstrual Hygiene” on 11th Jan 24 by ASM's college of Commerce, Science & Information Technology in Collaboration with Campus Konnect & Brandtouch & Analytics.

Objectives:

- 1 To enhance the capacity and knowledge of adolescent girls menstrual hygiene Management.**
- 2 To impart hints for preparation for an interview**
- 3 To give guidance regarding personality development**

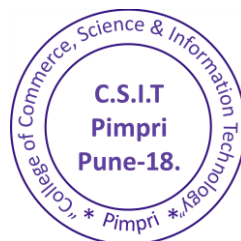
Detailed Report: (With Geo-tagged Photographs)

The Guest Speaker for the program was Harshita Raman, the representative of Campus Konnect & Brandtouch & Analytics. She shared her vast experience, knowledge and her thoughts about menstrual hygiene and its taboos. The programme was hosted by Asst.Prof. Prerna Shinde.

She expressed that, Menstruation and menstrual practices are still clouded by taboos and socio-cultural restrictions resulting in adolescent girls remaining ignorant of the scientific facts and hygienic health practices, which sometimes result in adverse health outcomes. Menstruation is a major part of life for millions of young girls and women worldwide. However, the needs and challenges faced by many young women and girls as they struggle to manage their menstrual hygiene are largely ignored. She guided students about how to maintain personal hygiene and tips for interview preparation.

The session lasted for 3 hours and proved to be very engaging and captivating for all the participants. Around 130 female students of the college participated in the program along with teaching & non-teaching female staff. The session was concluded with questions and answers by Harshita Mam. All participants registered on their website. The program ended with the distribution of a Goodie Bag worth Rs.120 with sanitary pads and razor to all the participants. Vote of thanks was proposed by Asst. Prof. Pooja Nawadkar. The event was a grand success, and everyone appreciated the opportunity and were aware about menstrual hygiene & neatness in daily life interaction.

The Glimpses of Seminar:



Prerna Shinde

Principal
ASM's CSIT



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College of Commerce, Science & Information Technology
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S. No. 29/1+2A, Behind Sterling Honda, Pune-Mumbai Highway, Pimpri, Pune-411018
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Priya Choudhary
Principal
College of Commerce, Science & Information Technology
S. No. 29/1+2A, Pune-Mumbai Highway, Pimpri, Pune - 411 018.

Student WORKSHOPS

Key Benefits:

<p>Women</p> <ul style="list-style-type: none"> Importance of Women's Hygiene Personality Development & Interview Preparation Celebrity Videos For Better Engagement 	<p>Men</p> <ul style="list-style-type: none"> Grooming and Mental Health Focus on Mind-Body-Action Focused on "Living with the instagram world."
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- Professional & Trained Speakers
- Coupons or gifts for all attendees by sponsor brands
- Certificates for College / Uni valid for NAAC accreditation
- Workshops at NO COST for colleges**

📍 Mumbai, Pune, Bengaluru, Chennai, Hyderabad 📅 Minimum 300 students per session per day ⌚ 60 mins session each

REGISTER NOW

Website: www.brandtouchindia.com

CAMPUS connect

ALL THE FEMALE STUDENTS ARE CORDIALLY INVITED TO

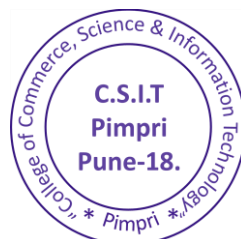
Personality Development And Menstrual Hygiene Seminar By Harshita.

On 11th Jan 2024 , 12 PM

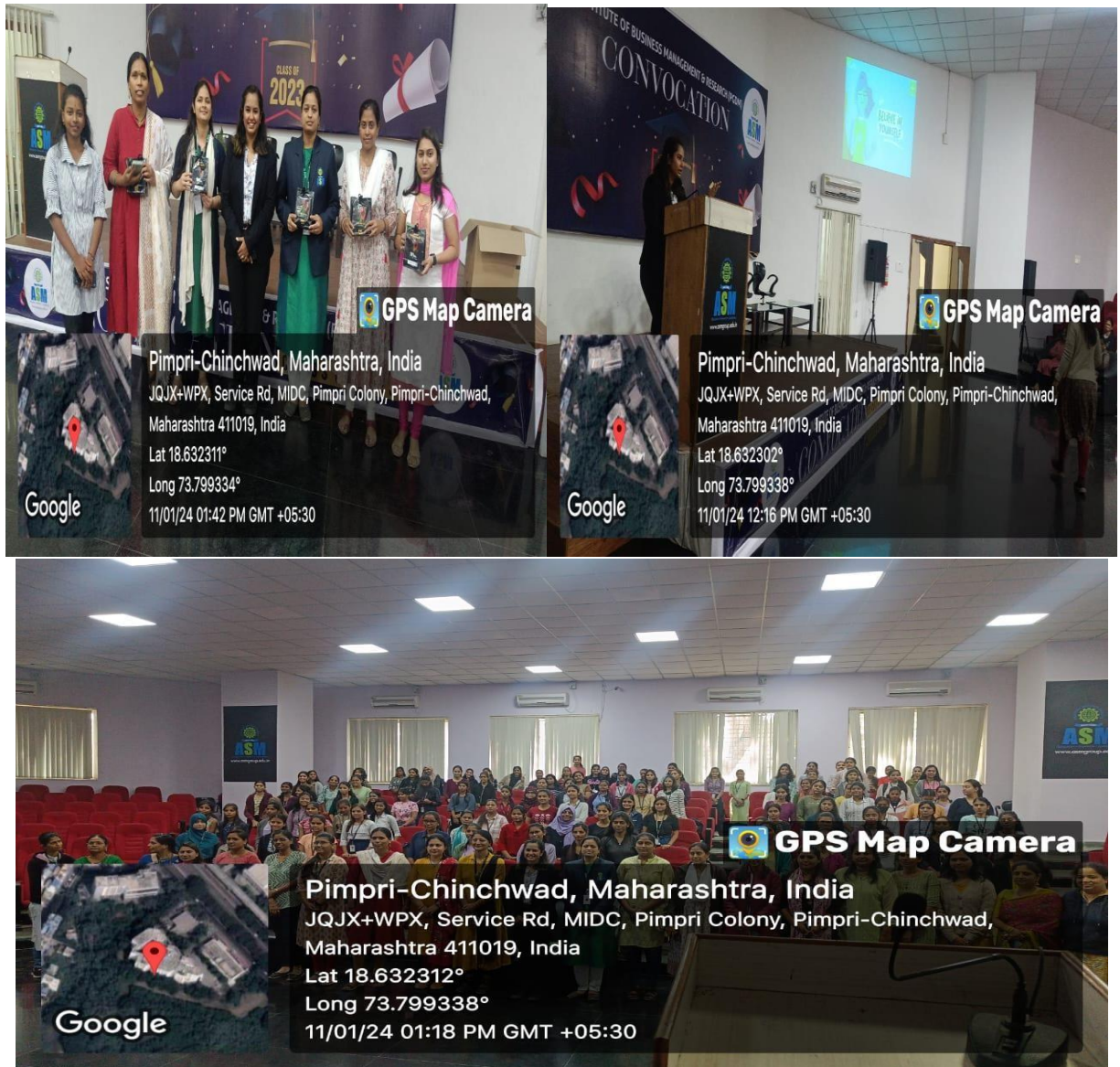
Venue : ASM's College Of Commerce, Computer Science & Information Technology

GET CERTIFICATE OF PARTICIPATION AND HAMPER FROM

whisper Venus Gillette



Harshita
Principal
ASM's CSIT



Outcomes:

- 1 Students became aware about the importance of menstrual hygiene.
- 2 Female students are empowered to talk about menstrual hygiene management and best practices to others
- 3 Myths and misconception associated with menstruation are eliminated
- 4 All students demonstrate knowledge and best practices on improved personnel hygiene and menstrual hygiene management through the question answer session.

ASM's
College Of Commerce, Science and Information Technology
Pimpri, Pune-18

Event: Menstrual hygiene & Personality Development Date 11/01/2024

Name	Course	Sign
Pawar Payal Yashwant	FY MSc. CS.	Pawar.
Narawade Vrushali Suresh	FY MSc. CS.	Vrushali
Gouri Dait	SY BBA	Gauri D.
Payal Savant	SY BBA	Payal
Srushti Gavalli	SY BBA	Gavalli
Mugdha Joshi	FY BCOM	Mugdha
Sadiya Saquud	FY BCOM	Saquad's
Tanusha Gayen	FY BCOM	Tanusha
Sakshi Ghodke	F.Y. B.Com	sakshi
Pooja Joshi	8y Bcom	Pooja
Anuya Patil	8y Bcom	Patil
Kadambari Bhat	S.Y. BBA (IB)	Kadambari
Pritya Choudhary	T.Y. BBA	Pritya
Soumya Choudhary	T.Y. BBA	Soumya
Tanvi Chavan	F.y BBA (CA)	Tanvi
Rohini Tekade	P.y BBA (CA)	Rohini
Muskan Choudhary	S.Y B.com	Muskan
Anjali Ram	S.y. b.com	Anjali
Harshada Bolekar	FY BSC. CS	Harshada
Anshu Vishwakarma	FY BSC. CS	Anshu
Snehal Madhar Patil	SY BSC. CS	Snehal
Megha Ravindra Kamble	SY BSC. CS	Megha
Sanika Tanaji Bangar	FY BBA. CA	Sanika
Vaishnavi J. Shingde	FY BBA. CA	Vaishnavi
Sanjivani Sanjay Kadam	FY BBA-CA	Sanjivani
Pooja V. Agarwal	FY BBA-CA	Pooja



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College Of Commerce, Science and Information Technology
Pimpri, Pune-18

Event: menstrual hygiene and
 Personality Development

Date 11/01/2024

Name	Course	Sign
Botre Anushka Sanjay	F.Y. BSL-CS	A.S. Botre
Sakshi Kulkarni	F.Y. BSL-CS	Sakshi
Aditi Shitole	F.Y. BSL-CS	Aditi
Sayali Gadilkar	Fy BSC-CS	Sayali
Harshada Panthare	Fy BSC-CS	Harshada
Shreya Surve	Fy BSC-CS	Shreya
Rutuja Nikam	Fy BSC-CS	Rutuja
Sonia Waghchoure	Fy BSC-CS	Sonia
Kusum Singh	FY BBA-IB	Kusum
Rajani Vishwakarma	ToYo BCOM	Rajani
Tanima Mandal	TY BCOM	Tanima
Prerit Chaudhary	TY Bcom	Prerit
Bhagyashree Palapate	TY Bcom	Bhagyashree
Gayatri Gaikwad	Fy BSC-CS	Gayatri
Namita Yadav	FY BBA-CA	Namita
Elvina Thomas	FY BBA-CA	Elvina
Monika Thappa	FY BBA-CA	Monika
Albina Shaikh	F.Y. BSC-CS	Albina
Revati Sutar	F.Y. BSC-CS	Revati
Shwanya Nair	SYBBA	Shwanya
Prityanka S. Sonawane	FY BBA-CA	Prityanka
Laxmi Vishwakarma	FY BBA-CA	Laxmi
Ankita Boelhanekar	Fy BBA-CA	Ankita
Asmita Jadhav	FY BBA-CA	Asmita
Archana Chougule	FY BBA-CA	Archana



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College Of Commerce, Science and Information Technology
Pimpri, Pune-18

Event: menstrual hygiene and personality
 Development

Date 11/01/2024

Name	Course	Sign
Puneam puriyas	F.Y BBA	
Anushka shinde	F.Y. BBA	
Kajale Shweta.	FY. BBA	
Shruti Katakhar	SYBBA(CA)	
Neha shinde	SY BBA(CA)	
Divya Astikar	Fy BBA (CA)	
vaishnavi shingare	Fy bsc. cs	
Dupika Kaddadi	Fy bsc. cs	
Mehzabeen Shaikh	SY bsc CS	
Soni Prasad	SY bsc CS	
Seema Prasad Sharma	SY bsc CS	
Kamal Gaikwad	SY bsc CS	
Samrudhi Borude	Fy bsc CS	
Sayli Sonawane	Fy) bsc CS	
Livia VINCENTI	FY Bsc CS	
Rutuja Ghadge	sy. Bsc. CS	
Sakshi Panhale	SY BSC CS	
Neha Lohakare	SY BSC CS	
Swati Mohan Patil	SY Bsc CS	
sanika santaji shelake	SY BSC CS	
Harshada Jalindar Potghan	SY BSC CS	
Shah Nasiba Mohammad	SY Bcom.	
Preeti Vishwakarma.	TY. Bcom.	
Shivani .S. Sathu.	FY. BBA.CA	
Neha V Jadhav	F.Y Bba.ca	
Priyanka S. Sonawane	F.Y BBA CA	



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College Of Commerce, Science and Information Technology
Pimpri, Pune-18

Event: Menstrual hygiene and
 personality Development

Date 11-Jan - 2024

Name	Course	Sign
Siddheshwari Bhasani	B.com	Siddheshwari
Dipali Pawar	Ty BBACCA	Dipali Pawar
Priti Jagtap	Ty BBACCA	Priti
Priya Singh	Ty BBACCA	Priya
Sneha Sulakunti	TY BBACCA	Sulakunti
Sonam Amte	T.Y.B.COM	sonam
Divya Gavali	FY BBA (CA)	Divya
Ujala Jaiswar	FY BSc (CS)	Ujala
Shabnam Shaikh	TY BSc (CS)	Shabnam
Shamal Ambalkar	TY BSc [CS]	Shamal
Ashwini Pansare	TY BBACCA	Ashwini
Rithika Durai	TY BBACCA	Rithi
Jaya Solanki	TY BSc [CS]	Jaya
Devyani Jangam	FY BBA	Devyani
Rajashree Ugale	FY BBA	Rajashree
Anuja Wakhare	FY BBA	Anuja
Arya Bhavate	FY BBA	Arya
Sakshi Tadhar	FY BBA	Sakshi
Puja Vihwakar	FY BBA	Puja
Snyati Gaikwad	FY BBA	Snyati
Sakshi Athar	FY BBA - CA	Sakshi
Shraddha Chavan	FY BBA - CA	Shraddha
Arpita A. Baraskar	Sy BBA - IB	Arpita
Shweta Ghodke	Sy BBA - IB	Shweta
Samruddhi Dargale	Sy BBA - IB	Samruddhi



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Pimpri, Pune-18

Event: Menstrual hygiene & Personality development. Date 11/11/24.

Name	Course	Sign
Shruti Bawdoh	Sy BBA	<i>Shruti Bawdoh</i>
Ishwari Gajare	Sy BBA	<i>Ishwari Gajare</i>
Druya D. Ghadge	Sy BBACA	<i>Dhadge</i>
Sailee. S. Karitkar	Sy. B. Com	<i>Sailee</i>
Pooj Shrivani	Sy. BBA (CA)	<i>Pooj</i>
Sanjana Ajikum	Sy. BBA (CA)	<i>Sanjana</i>
Jyotsna Krishna	Fy. BBA (IB)	<i>Jyotsna</i>
Bhavna Singh	Fy. BBA (IB)	<i>Bhavna</i>
Pooja Sharma	Sy. BIA	<i>Pooja Sharma</i>
Manisha choudhary	Sy BIA	<i>Manisha</i>
Alisha lobo	Sy BIA	<i>Alisha</i>
Deveshree Vyas	Sy BBA (EA)	<i>Deveshree</i>
Bhruya. M. Chakraborty	Sy BBA (CA)	<i>Bhruya</i>
Samdya Halgekar	Sy BBA (CA)	<i>Samdya</i>
Shreya Ahire	Sy BBA (CA)	<i>Shreya</i>
Divya Pujari	Sy BBA (CA)	<i>Divya</i>
Siddhi Najikwadi	Fy BBA (IB)	<i>Siddhi</i>
Sanika Sambherao	Fy BBA (IB)	<i>Sanika</i>
Komal Koli	Fy BBA (IB)	<i>Komal</i>
Savitri Mandhane	Faculty	<i>Mandhane</i>
Priya Janjalkar		<i>Priya</i>

